

ADOLESCENT AND YOUNG ADULT PERIODIC HEALTH EXAMINATION SCHEDULE

Age	11 --20
Updated Medical HX & Phy Exams	Every 1-2 years
Health Risk Assessment	Every 1-2 years
Blood Pressure	Every 1-2 years
Cholesterol	If indicated by family or personal history
Pelvic Exam	Yearly if sexually active
Breast Exam	Every 1-2 years
Chlamydia	(females) Every 1 – 2 years
Self-Exam Teaching	Every 1-2 years

Immunizations

Tetanus/Diphtheria/ and/or Pertussis (Td or Tdap)	Tdap at age 11, then Td every 10 years
Hepatitis A	If indicated
Hepatitis B	If not previously received
Influenza	Yearly
Human Papilloma Virus (HPV4)	Ages 11-26 (Series of 3 doses)
Meningococcal (MCV4)	Age 11
Varicella (Chicken Pox)	1 booster needed if not previously received